Achieving resilience, equity and sustainability by leaving no one behind

Katerina Firlova, Manager Strategic Partnerships and Operations, Health Nexus

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achieving resilience, equity and sustainability by leaving no one behind
During the pandemic, did you feel the need to have better coping strategies and health literacy to maintain your wellbeing?

YES  NO
Introduction: Who we are

International organizations

A4HP – Geneva-based international NGO
In official relations with the World Health Organization (WHO)
Consultative status with the United Nations Economic and Social Council (ECOSOC)
50 members and close to 1,000 partners from over 100 countries
Connecting Civil Society for healthier populations

ESN – Brussels-based international NGO
Member of the A4HP
+40 civil society and social economy organizations internationally
Health and well-being for quality education

HN – Toronto-based international non-profit
Member of the A4HP, representative of the A4HP at the United Nations in New York
Health promotion and well-being
Health Promotion in Pandemics

Added Value – Bridging Gaps

**Innovative**
Our interactions are online through collaborative platforms

**International Network**
Connecting awareness, information and ideas globally

**Mentoring**
Bringing together youth and experienced professionals

**Supporting teachers**
Expert support and international connections

**Health Promotion**
From awareness to concrete proposals

**Commitment**
10th Global Conference on Health Promotion

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- 10th Global Conference on Health Promotion
Youth Webinar

- Youth co-designed & co-led
- Intersection: Youth & Intergenerational
- Creation of a culturally safe space for interaction and exchange
- Importance of interactive tools
- Sharing of solutions, advice & recommendations in a safe space

The webinar received lots of interest from youth at international and local level.
How do you perceive youth’s wellbeing during the pandemic?

- GOOD MOOD
- LOW MOOD
- COMBINATION OF MOODS
- MAINLY NOT RATIONAL
- MAINLY RATIONAL
- MAINLY STABLE
- VERY EMOTIONAL
Recommendations

Key Messages

- Family, the #1 Point of Reference
- Pandemic Challenges: Youth vs. Adults
- Lack of Motivation
- Little to No Support in: Mental Health Wellbeing Overall
- Friends & Social Media Networks
- Pandemic Symptoms that Remain
- Need for Digital Tools in Mental Health
- On a Positive Note: Learnings Contribution to a Solution
SHOULD A HEALTH PROMOTION STRATEGY BE THE FOUNDATION OF CRISIS MANAGEMENT PROGRAMS AT THE INSTITUTIONAL LEVEL TO ENSURE WELLBEING OF THE POPULATIONS THEY SERVED?

STRONGLY AGREE

STRONGLY DISAGREE
Thank You!

Interested in more?

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