Programme

16:30-16:45 Opening

- Bernard Kadasia, President of the Alliance for Health Promotion
- Myriam Nnadi, Public Health Advisor, Republic and Canton of Geneva
- Dr. Glenn Laverack, International Health Promotion expert

16:45-17:45 Breakout room 1 - The Youth: actors of their own health

- Dr. Mervat N. Gawrgyous, Department of Health Promotion, World Health Organization
- Dr. Rashmi Cherian Paramesh, Physician, Lakeside Health Promotion Centre, young Indian
- Paul Darrel O. Meneses, Chairperson of External Relations, International Pharmaceutical Students Federation (IPSF), young Filipino
- Vesa Ilazi, high school student at College Rousseau, young Swiss

Moderator: Gelan Mahmoud, Chairperson of Student Exchange, IPSF, young Egyptian

16:45-17:45 Breakout room 2 - In Our Heads: Mental Health in times of COVID-19

- Batool Fatima, Clinical psychologist and Technical officer at department of Mental Health and Substance Use, World Health Organization
- Annie Chemla, Project Manager, CIAO Association
- Baye Ibrahima Seck, scout district of Rufisque, young Senegalese

Moderator: Emma Leeflag, member of the Geneva Youth Call, young Swiss

16:45-17:45 Breakout room 3 - "I feel good": exchange of good practices on wellbeing

- Annette Ebbringhaus, Master Sophrologist & Mental Fitness Coach, trulyBalance Sàrl
- Jean Pierre Girard, International expert-consultant in collective entrepreneurship
- Eva Luvisotto, ci-founder of GreenHeva and Geneva Youth Call, young Swiss

Moderator: Laura Plešnar, Regional Director, IFMSA Europe, young Croatian

17:45 – 18:00 Closing

Feedback from breakout sessions
Take-home messages - conclusions by youth
Winners of the raffle
Closing speech by Dr. Elizabeth Cherian, Vice-President of the Alliance for Health Promotion