



HEALTH PROMOTION IN PANDEMICS

Webinar for youth
4 November 2021, 16:30–18:00



With the support of



The **ALLIANCE FOR HEALTH PROMOTION** was founded in 1997 at the 4th International Conference on Health Promotion in Jakarta. It has since evolved into an international Non-Governmental Organisation (NGO) registered in Geneva as an association of public value. It is a network of NGOs, academic institutions, other civil society actors as well as individuals from different sectors who share their commitment to improving people's health and well-being through health promotion globally and locally.

HEALTH PROMOTION IS THE PROCESS OF ENABLING PEOPLE TO INCREASE CONTROL OVER AND TO IMPROVE THEIR HEALTH – Ottawa Charter 1986

The Alliance aspires to empower individuals and communities with ownership of knowledge and other means to better control their health and well-being and fully enjoy healthy lives. Its mission is connecting and catalysing civil society organisations, strengthening global efforts to improve health by bridging the gap between international policy and local realities and by advocating for a holistic approach to health.

The Alliance is in Official Relations with the World Health Organization (WHO) and holds consultative status with UN ECOSOC.

Health Promotion in Pandemics

The COVID-19 pandemic has radically transformed our existence. It is clear that this situation has particularly affected the daily lives and the mental health of young people. Improving the preparedness and resilience of individuals and communities to epidemic risks and health crises from an early age has now become a priority.

Are you between 15 and 20 years old and would like to share your experience during the pandemic?

Come meet your peers and discuss health, well-being, and mental health with us! We offer you the opportunity to have an interactive exchange with young people from Geneva and from all over the world as well as international experts. We will discuss the pandemic, what has been, what seemed difficult to you, and what has helped you.

We will listen to you because this webinar is for you!

Come participate in one of these three breakout rooms on **4 November, 2021**:

1. The Youth: actors of their own health
2. In Our Heads: Mental Health in times of COVID-19
3. "I feel good": exchange of good practices on well-being

Come share your experience and you may have the chance to win a prize!

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Registration: <https://bit.ly/3CWH8sK>

Registration deadline: 29 October 2021

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